

2019 Embodied Mindfulness Leadership Training Application – Module 1

Begins Sunday, February 10, 2019

Name: _____

Email: _____

Address: _____

Phone #: _____

Date of birth: _____

Please answer the following questions:

Why do you want to take this training? Expectations, desires, motivations...

What experience have you had with Somatic Expression/Jamie McHugh?

Anything else you want to share regarding your participation?

How did you hear about the Embodied Mindfulness Leadership Training?

I understand this Training with Jamie McHugh is educational in nature, and is not a substitute for medical or mental health care.

Signature _____ Date _____

Print Name _____

Return this application to Jamie McHugh, PO Box 250, Albion, CA 95410 with a check for:

\$595 Early bird rate by January 14, 2019; **\$650** after - Group size is limited to 12

You can also email application & pay through Paypal account – naturebeingart@gmail.com - with an additional 4% fee